

# YOUR GUIDE TO BIRDWATCHING IN COSTA RICA.



COSTA RICA FOCUS



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## Central America: 1261 species of birds.

Central America = 0.4% of the Earth's total land surface, BUT contains 12.5% of all the species of birds of the world!



- 931 (74%) of all species of birds in Central America are found in Costa Rica.

## Birdwatching packing list

- Binoculars
- Camera
- Hiking shoes/boots
- Comfortable clothing
- Hat
- Sunscreen
- Insect Repellent
- Rain jacket - Poncho
- Backpack
- Bird Field Guide
- Bird Checklist
- Water Bottle



## Where to go!

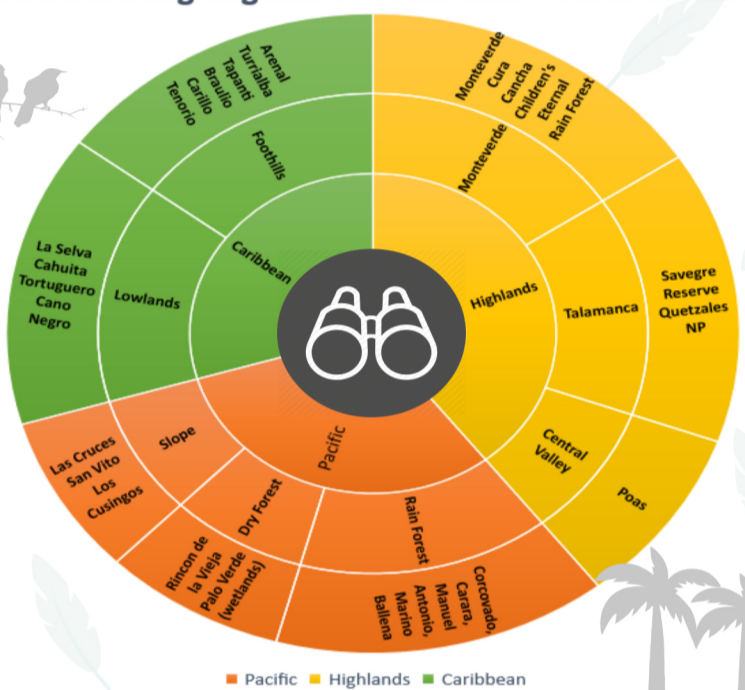
1. La Fortuna-Arenal
2. Sarapiquí
3. Turrialba
4. San Gerardo de Dota
5. Osa Peninsula - Corcovado N.P.
6. Carara N.P.
7. Monteverde Reserve
8. Palo Verde N.P.
9. Tortuguero N.P.
10. Braulio Carrillo N.P.
11. Rincon de la Vieja N.P.
12. Marino Ballena N.P.
13. Piedras Blancas N.P.
14. Cahuita N.P.
15. Cano Negro Reserve



Your birding expert at Costa Rica Focus will help you with your trip plan and logistics.



## Top Birdwatching Regions of Costa Rica + Parks & Reserves



## Top Species - Where & When to see them

Flery Billed Aracari Carara & S. Pacific All Year	Jabiru Stork Palo Verde January - April	3-Wattled Bellbird Monteverde June - September	Snowy Cotinga Caribe Lowlands All Year	Keel-billed Toucan Caribbean All Year
Snowcap Hummingbird Turrialba All Year	Red-Headed Barbet Cloud Forest All Year	Turquoise Cotinga Corcovado N.P. All Year	Great Green Macaw Caribe Lowlands All Year	Scarlet Macaw Central & S. Pacific All Year
Resplendent Quetzal Monteverde San Gerardo de Dota Jan-Mar Mar-Sept	King Vulture C. & S. Pacific Caribe Lowlands All Year	Laughing Falcon Caribe & Pacific Lowlands All Year	White Crested Coquette Corcovado All Year	White Fronted Nunbird Caribe Foothills All Year

## Weather Facts

Costa Rica has 2 sides; Pacific and Caribbean. Only the Pacific side has different "seasons". Seasons are classified by the amount of rainfall received, commonly the seasons are referred to as Dry Season and Green Season.

PACIFIC												
Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	
Caribbean												
Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	

## Steps for planning your perfect Birding or Bird Photography Adventure:

- Pick your dates! Consider low season from May -November when hotels, reserves, and National Parks have less visitors. Less people = more birds!
- Contact your expert at Costa Rica Focus (info@costaricafocus.com or 888-788-4272). We'll help you choose the best areas and lodges, and take care of every detail of your birding or bird photography adventure
- Get your field guide and start to learn about the 931 different species possible to see in Costa Rica. We recommend "The Birds of Costa Rica" by our friend Richard Garrigues
- Pack your bag - don't forget your essentials. Passport - Binoculars - Camera - Hiking shoes. Everything else is secondary. 😊
- Land in Costa Rica and put those binoculars around your neck. The birding starts the minute you exit the airport!
- Marvel at the number and variety of species you'll see.
- Update your life list or keep a check list for Costa Rica. You won't want to forget a single species.
- Share your experience with all your friends and family and start thinking about your NEXT great birding adventure!